



VIDEO INTERACTION GUIDANCE

VIG FOR:

- PARENTS AND CARERS
- PROFESSIONALS

INTRODUCTION TO VIG:

VIDEO INTERACTION GUIDANCE™ (VIG) IS A TRANSFORMATIVE INTERVENTION METHOD ROOTED IN POSITIVITY, EMPOWERMENT, AND COLLABORATION. TAILORED FOR DIVERSE CONTEXTS LIKE HEALTHCARE, EDUCATION, AND SOCIAL SERVICES, VIG FOSTERS ATTUNEMENT, SENSITIVITY, AND MENTALIZATION IN RELATIONSHIPS.

THE VIG APPROACH:

COLLABORATIVE AGREEMENTS, INSIGHTFUL VIDEO RECORDINGS, AND CONSTRUCTIVE DIALOGUE. CLIENTS GAIN VALUABLE INSIGHTS INTO THEIR RELATIONAL DYNAMICS, CO-CREATING STRATEGIES FOR ENHANCED RELATIONSHIPS.

APPLICABILITY AND DURATION:

- ✓ VIG supports parents, carers, and professionals working with children.
- ✓ Sessions typically span three, each of an hour.
- ✓ Each session includes video review and discussion.
- ✓ VIG enables tailored insights and adjustments for individual needs.

MORE INFORMATION :



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WHY CHOOSE VIG?

SOLID THEORY, PROVEN EFFICACY, STRONG EVIDENCE. IT PROVIDES STRUCTURED YET FLEXIBLE FRAMEWORK FOR POSITIVE RELATIONAL OUTCOMES