



Total Communication
Changing Lives. Touching Futures



EXECUTIVE FUNCTIONS SKILLS

HOLIDAY PROGRAMME

LEARN TO LEARN BETTER



Cognitive and Executive Function skills

We build executive function skills such as sustained attention, working memory, planning, and flexibility to help students stay organised and approach learning with confidence.



Academic Skills Integration

We help students develop effective study habits, clear note-taking, and exam-ready problem-solving skills for confident learning.



Programme Details

- 12-session Programme
- 1-2 hour sessions
- Ages 10-16
- 1 to 1 (or small group)

ABOUT THE PROGRAMME

Our Executive Function Programme empowers students to learn smarter through engaging activities that build focus, organisation, and flexible thinking.

CONNECT WITH US TODAY



Contact Us
+65 9115 8895



Visit Our Website
totalcommunication.com.sg



Our Location
**1 Pemimpin Drive #11-08
Singapore 576151**

HOW YOUR CHILD GROWS WITH US

12

SESSIONS OF FOCUSED, SKILL-BUILDING WORK

Each session is 1-2 hours long and delivered in either a 1-to-1 or small-group format for students aged 10-16. The programme focuses on developing practical thinking and learning skills, with activities tailored to each student's strengths, challenges, and goals.



WHY EXECUTIVE FUNCTION SKILLS MATTER:

Executive Function skills are essential for academic success, independence, and resilience. Students with strong Executive Function skills can:



Focus better in class



Stay organised and manage tasks



Regulate their emotions



Problem-solve confidently



Perform better in exams and everyday life

WHAT YOUR CHILD WILL GAIN:

Better school performance through improved Executive Functions

Tools & strategies to stay organised and manage time

More confidence handling stress and obstacles

Empowerment to become independent and successful learners



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**SCAN TO
CONNECT**