

# School Readiness Program

## What is it?

School Readiness Program (SRP) is a key comprehensive early intervention program that targets essential developmental skills such as: literacy skills, numeracy skills, handwriting skills, sensory-motor skills and play skills of children.



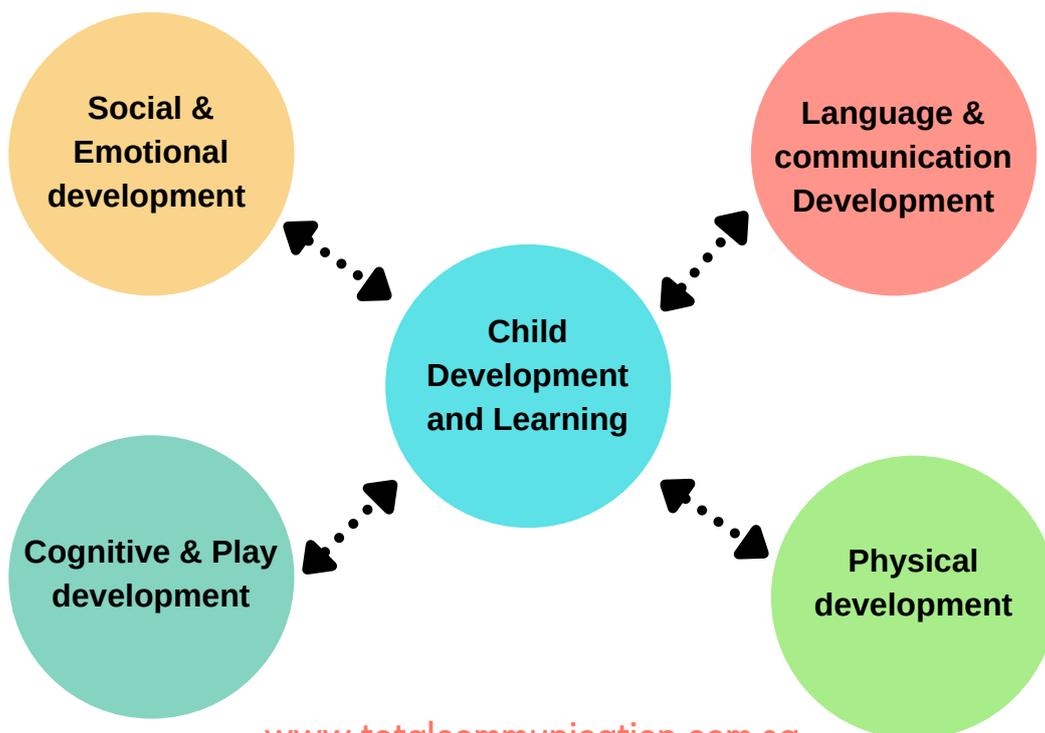
Development of these skills will in turn, facilitate a smooth transition into the mainstream Primary school classroom settings.

## Who is this program for?

- Children who face school related challenges in literacy, numeracy, handwriting and social emotional skills
- Children who have difficulties with spelling: difficulty in recalling sound- symbol correspondences, organizational difficulties
- Speech language delays or learning difficulties
- Children who have sensory processing difficulties
- Children who have difficulties with attention or regulation
- Children presenting with at-risk learning difficulties
- Any child aged 5 to 8 years old



**4 major core areas of development the SRP will focus on:**



## Our curriculum based on the 4 core areas of development:

### Early Literacy Foundation Program (ELF)

Focuses on:

- phonological awareness
- long and short sounds
- blending and reading
- articulation
- rhyming
- Letter sound- symbol correspondences
- sentence construction
- spelling

### Numeracy Program

Focuses on:

- number recognition and number formation
- counting
- sequencing
- identifying more/ less
- addition
- subtraction
- shapes
- measurement
- problem solving

### Handwriting Program

Focuses on:

- letter perception
- letter formation
- spacing and alignment
- copying
- visual perceptual skills
- drawing

### Physical domain: Sensory-Motor skills and Play skills

Focuses on:

- sensory processing
- motor planning
- gross and fine motor coordination
- balance
- pretend play skills

### Social Thinking Program

Focuses on:

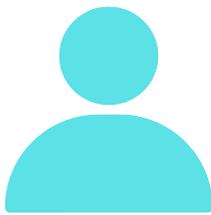
- Self-awareness & self control
- emotional regulation
- Managing stress
- Perspective-taking
- Empathy, respecting yourself and others
- Compromising/negotiation skills
- Classroom manners
- Problem-solving



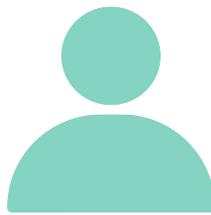
## What are the objectives of the programme?

- To equip them with the necessary literacy, numeracy, motor, social skills which will assist in smooth transitioning into school setting
- To develop age-appropriate pre-writing and writing skills
- To build the child's self-reliance and confidence
- Train parents and caregivers on guided participation

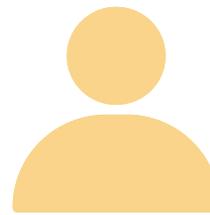
## What makes our SRP program unique?



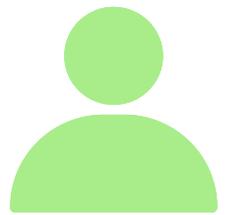
**Thematic Program**



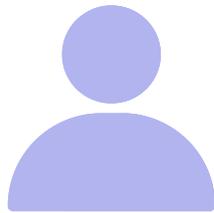
**Multi-Disciplinary  
Approach by Highly  
Skilled Therapists**



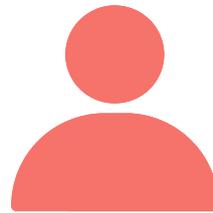
**Dyslexia Preventative  
Method**



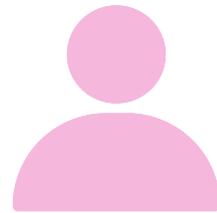
**Low Student-  
Therapist Ratio**



**Focus on dynamic  
thinking skills  
and creativity**



**Flexible Schedules  
and timing**



**Family focused  
and we train  
parent/caregivers**

## Our School Readiness Programme Process:

Initial consultation → School readiness program starts → minimum 10 sessions of SRP → Program report → continue sessions

## **Schedule:**

Flexible options for 3 to 5-day attendance.

Recommended: at least three days a week

Time: 3 hours per day (9am – 12pm) or (2pm – 5pm)

Group size: 1/2 children to 1 therapist

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**SO LET'S GET  
STARTED**

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*For more information, please call 9115 8895 or visit*

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*You may also email us at [enquiries@totalcommunication.com.sg](mailto:enquiries@totalcommunication.com.sg)*

