



School Readiness Programme



*PROGRAM FOR STUDENTS "AT RISK" OF
STRUGGLING AT FORMAL GRADE LEVEL*



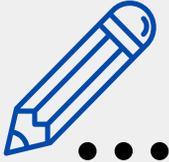
TOTAL COMMUNICATION THERAPY



What is School Readiness?

School readiness is the measure of skills and behaviours a child has developed that has enabled them to participate and succeed in school. A child who is ready for school has the necessary skills and behaviours which will facilitate a smooth transition from kindergarten to elementary or primary school. It does not only refer to academic (literacy and numeracy skills) but the overall developmental skills of your child- their social, emotional, adaptive functioning ability, play, physical-motor, communication and cognitive skills.

Why is school readiness important to a child?



Starting school is a huge milestone for a parent and a child, and adapting to primary school is crucial. Transitioning and adjusting to a larger school setting is a true test if a child has met early developmental goals as a child will have to actively apply this in a formal school setting.

Research have also shown that 44 out of 50 first-graders who struggled with social thinking, reading, speaking, writing and emotional skills continued to struggle during adolescent years as early intervention was not provided.

Providing intervention at a young age can create significant variations in performance, that can be seen as early as two years old. Early experiences have a profound impact on the development of neurological connections since the brain is at its most receptive during the first five years.



Does my child have the skills to be ready for school?

Early identification can save parents and teachers a lot of headaches and heartaches. These are a few early indications that parents or teachers may detect that can determine if a child needs support.

Receptive Language (understanding) ●●●●●●●●●●

Ability to effectively communicate and use words that others can understand and read school work (e.g., expressing their needs)

Expressive Language (talking) ●●●●●●●●●●

Ability to effectively communicate and use words that others can understand and read school work (e.g., expressing their needs)

Articulation ●●●●●●●●●●

Clearly pronounce specific sounds in words. Most speech sounds should be learned by the age of five, but 's', 'r', 'l', and 'th' may be tricky.



Emotional Development ●●●●●●●●●●

Understands and manages their emotions, is able to separate from parents/peers and participates in large groups with little adult interaction.

Social Thinking skills ●●●●●●●●●●

Follows social norms (e.g., taking turns talking and looking at the speaker), get along and play with other kids, and deal with social problems. They will also exercise basic manners (such as saying please, thank you, and sorry), and effectively analyze events to interpret reactions to their activities.

Motor skills ●●●●●●●●●●●●●●●●

Maintaining appropriate posture and coordinated balance to run, jump, climb, and play ball. Efficient in daily skills like holding a pencil, tying shoelaces, and turning pages in a book.

Cognitive skills ●●●●●●●●●●●●●●●●

Able to retain information and focus during classroom activities. Work cooperatively with other kids and accept changes. Will develop basic number sense, give heed to adult guidance, wait and take turns patiently, manage their needs, and try a new activity.



Our School Readiness Program



Total Communication's School Readiness Program (SRP) is an early intervention program that focuses on facilitating a child's key developmental skills. It follows a detailed early intervention approach on a child's core developmental abilities, which enhances social thinking, language and communication, literacy and numeracy, handwriting, sensory-motor, and play skills to assist them to transition smoothly into regular primary school classes.



This program focuses on:

Social Emotional Development

Self-awareness & self-control · Self-management ·
Perspective taking · Navigation social situations ·
Problem solving & decision making · Classroom conduct ·
Play skills · Compromising & negotiation skills

Adaptive Skills

Managing school routines · Money skills · Personal hygiene
· Active listening · Managing personal belongings ·
Independence · Following routines

Language and Communication Development

Serbal reasoning · Following directions ·
Holding meaningful conversations · Speech articulation ·
Sentence constructions

Physical Development

Gross & fine motor coordination · Eye-hand coordination
· Praxis · Body awareness · Sensory processing · Visual-motor
integration · Handwriting · Functional use of tools

Academics

Phonological awareness · Spelling & reading · Letter &
number perception & formation · Visual-perceptual skills ·
Number sense · Problem solving · Spatial awareness ·
Executive Functions · Visualization & verbalization

Program Features



Establishing the missing parts of a firm foundation

Remediation does not mean repeating kindergarten's work. It means rebuilding the missed steps of development so that learning becomes smoother. For example, conventional schools and phonics enrichment teach phonics for early literacy. For children with poor sensitivity to discrimination of sounds (signs of dyslexia), this may not be adequate. Our literacy program instead trains on sensitivity to units of sounds and the ability to manipulate the sounds to learn words. Our numeracy program explores the cognitive thinking skills that may be inherently weaker. We aim to build a strong foundation for later academic math performance. Our language program carefully repairs the missing and weakened aspects of vocabulary, sentence, ability to visualize in order to infer etc.



Evidence-based

We use a combination of program which has been developed for specific purposes – by universities and professionals to repair those missed steps.

Individualized goals

Goals are individualized so that your child reap full benefit of learning.



Longitudinal Observations

1

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Close to two decades of working hard and smart in intervening students with learning differences. We have had the benefit of witnessing successful outcomes in our students and how the gains they have achieved stay on long before they are discharged from our services.



2

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A strong understanding of learning-based deficits, whether in the different types of dyslexia, or language disorders, numeracy challenges or attention deficit. We have been in the intervention business long enough to know what works, and what doesn't.

3

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Strong team of interventionists who are deeply aware of the risk factors of learning disorders. Aside from our qualifications, we continue to acquire proprietary knowledge in understanding different methodology and techniques.

4

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We are relentless in our measuring and tracking of student's growth. It needs to be holistic and comprehensive.



Who is this program for?

- Children between 5 to 8 years old
- Children with at-risk learning issues.
- Children who struggle with attention, social & emotional skills or self-control. Learning issues or speech-language impairments.
- Children who struggle with sensory processing.

In our program, you can expect:

- Thematic program tailored for children aged 5-8 years old
- Multi-disciplinary approach by highly skilled therapists
- Dyslexia preventative methods used
- A curriculum focused on dynamic thinking skills and creativity
- Flexible schedule and timings (Monday to Friday, 2-3 hours a day)
- Low student-therapist ratio of 3:1 Family-focused approach, where therapists work and train with parents and caregivers

The process

1

Initial Consultation:
Includes screening to
assess a child's school
readiness

2

Individualized
Education Plan (IEP)
formulised- a program
plan will be tailored
according a child's
need.

3

School Readiness
Program starts
alongside parent
training

4

Quarterly or half
yearly reviews
conducted to revise
IEP goals when
needed

5

Program reports and
evaluation of child's
development by the
end of the program

Book your appointment today!

For more information, please call 9115 8895 or visit

www.totalcommunication.com.sg

You may also email us at

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