



MUSIC-BASED THERAPY

CO-REGULATION IN MUSIC

Establishing a shared focus of attention between adult and child

VISIT US AT

10 Winstedt Road,
Block A #02-01,
SINGAPORE 227977

CO-REGULATION WITH MUSIC-BASED THERAPY

turns every interaction into a cheerful duet. Adults and children harmonize their focus, sharing delightful musical moments in perfect rhythm. This joyful connection not only brightens their day but also nurtures a strong and happy bond, making kids' hearts sing with joy.

HOW IT WORKS

Musical participation is the core of music-based therapy!

- Instrument Play
- Familiar Songs
- Therapy Themes
- Music & Movement

Contact Person:

+65 9115 8895

More Information:

www.totalcommunication.com.sg

WHY JOIN CO-REGULATION IN MUSIC?



SAFE & PROFICIENT

Co-regulation fosters a positive environment for children to learn and grow while feeling secure.



MUSIC'S MAGIC

Music transcends language, offering a space for kids to thrive, connect, and face challenges with confidence!



TAILORED SUPPORT

Therapeutic goals are individualised and tailored to each individual child's needs

WHO CAN BENEFIT?



ALL AGES

Co-regulation in music welcomes children of any age



MUSIC ENTHUSIASTS

Perfect for music lovers or those keen on learning, seeking co-regulation strategies for a brighter future

FEES

INDIVIDUAL ENROLLMENT

S\$1000

FOR 5 SESSIONS

PAIR ENROLLMENT

S\$800

FOR 5 SESSIONS

WHO LEADS CO-REGULATION IN MUSIC?

Our sessions are guided by experienced therapists and certified musicians. Following the Nordoff-Robbins approach, we believe in everyone's musical sensitivity for growth and development.

Music participation is at the heart of our sessions, empowering children to be joyful music-makers!

NEXT STEP



SCAN TO CONTACT US

Call/WhatsApp:

+65 9115 8895

E-mail us:

enquiries@totalcommunication.com.sg

Visit our website:

www.totalcommunication.com.sg