

LEGO® THERAPY

LEGO® therapy focuses on language development in a group setting and is led by our Speech and Language pathologists. This therapy has now considered a successful type of play therapy. Educational and medical studies found that facilitated group projects with Legos can help develop and reinforce play skills and social skills such as:

1. Expressive and receptive language
(questioning, listening, requesting, following a sequence)
2. Non-verbal communication
3. Task focus
4. Joint enjoyment
5. Joint attention
6. Collaborative problem-solving
7. Sharing and turn-taking
8. Fine motor skill building
9. Perspective taking

Building with Lego bricks is a multi-sensory, open-ended experience, as such building the blocks can be tailored to any person's unique needs such as speech and language delay; difficulties in high level language processing, auditory memory and reduced attention and listening.



Research says...

Children with social communication disorders have shown significant gains in social interaction through attendance of these play groups such as an increase in verbal interaction, improved initiation, and ability to take on roles within a classroom context. It is also deemed fit that Lego® Therapy be implemented as an appropriate intervention in schools handling special needs children.

Find out more



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1. Setting ground rules

Lead and monitored by our Speech-Language Therapists, participants suggest and agree upon simple rules that everyone understands. The group agrees upon a project suggested by the therapist that is not too easy but yet attainable.

2. Assigning roles

Engineer | Oversees the design and makes sure it is followed

Builder | Puts the bricks together

Supplier | Keeps track of the type and color of bricks that are needed and gives the bricks to the builder

Each participant is assigned a role, and roles are rotated throughout the task.

3. Incorporating the fundamentals of play

LEGO® therapy has a greater long-term benefit when it incorporates the fundamentals of play:

Creating a dedicated time and space for the activity

Using non-verbal communication as much as possible

Using declarative language - "How would you" rather than "Do this" questions

Encouraging collaboration and pretending

4. Importance of therapists

The therapists supports and prompts positive interaction as well as leads and monitors the activity. They will also provide specific feedback such as accommodation, support and instruction whenever needed. This framework increases repetition, working memory function and association skills in language and social motivation.

5 sessions, once per week

\$500 for 5 sessions



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