



## We are Specialists of Communication and Language Disorders

➤ Total Communication is a family focused practice specialising in treating those with communication and speech-language impediments.

### Our range of services includes:

- Individual Speech and Language Pathology and Communication Assessment using both standard tests and observation in naturalistic settings;
- Individual speech and language therapy;
- Group speech and language therapy;
- Liaising with educators and psychologists to mete out IEPs for the student;
- School observations and professional consultation;
- Parent training sessions;
- Training of educators.



### Speech and Articulation Therapy

Speech deficiencies may vary in severity (from mild articulation errors, to severe motor planning and sequencing difficulties). By the time the child reaches the age of 3 years, it is expected that he/she would have attained clarity of speech by up to 75%. An assessment should be arranged if the child does not attain this level of competency at this age.

### Language Therapy

About 7.5% of school aged children have Specific Language Impairment (SLI). These children typically have problems in the acquisition and use of language in the context of normal intellectual development. About 50% of these children have difficulty in decoding words (dyslexia). A number of children with SLI also have various forms of Auditory Processing Difficulties. The SLP directly treats these conditions.

Enquire about our SLI clinic  
Enquire about our CAPD clinic

### Fluency Clinic

Stuttering is a speech disorder that is a highly treatable yet often neglected part of a child's speech development. The symptoms of stuttering are, repetitions in sounds, syllables or words ("dddd daddy"), prolongations ("d aaaaaaad"), and blocks (grimacing while trying to get word out etc). Early intervention is recommended for those with this disorder, since stuttering is well known to have implications on the child's self-confidence.

### Voice Clinic

Voice disorders can be due to psychological reasons (e.g. selective mutism) or aetiological reasons (vocal nodules, oedema etc). Resonance disorders include symptoms of hypernasality (lots of air escaping through the nose) or hyponasality (like speaking with a blocked nose). Resonance disorders can arise from a variety of reasons including, a repaired cleft palate or the velum (soft palate) not working well.

### Relationship Development Intervention RDI®

RDI® is powerful, exciting, family based intervention created by Dr Steve Gutstein and Dr Sheely, who aim to fill the gap of autism intervention by targeting the core deficits of autism. The RDI® principle is a life encompassing programme that empowers parents to create experiences that strengthen the connective pathways that are damaged or weakened in an autistic child. Across the world, RDI® is valuable in helping parents and therapists raise their expectations and provide realistic hope for achieving a better quality of life (forming friendships, attending mainstream schools, getting a job and getting married etc).

### We can help

We are committed to helping those with difficulties in the above areas. Once an appointment has been given, the child is expected to be present with his parent (s) during the initial consultation session. The speechlanguage therapist takes a case history and performs a clinical assessment, before making her recommendations or commencement of therapy. An assessment report will be made available upon request.

Contact us for an appointment at:



## Total Communication

*Changing Lives. Touching Futures.*

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Website: [www.totalcommunication.com.sg](http://www.totalcommunication.com.sg)

## Our Philosophy

### ➤ Evidence based and Best Practice.

It is our prerogative that we train and equip ourselves to provide intervention techniques that have been scientifically proven to yield true benefits. Practices that have strong theoretical groundings are also a part of our practice

### ➤ Every child is an unique individual...

which is why remediation has to be well thought out and tailor made with the individual's strengths and weaknesses in mind.

### ➤ Strong collaboration with Professionals

Recognizing the importance of integrated intervention, we work closely with other specialists and have contacts with the best in the field for referrals. .

### ➤ Hard work, patience and good thinking

Parents have an important role to play in effecting changes. Our clients are typically the ones who understand that progress comes with hard work, patience, good thinking, and solid systematic training using scientifically sound methods.

### ➤ Neuroscience and Speech Language

**development** Cognition is the foundation upon which language is built. Aside from understanding the physical and cognitive condition of the child, our goals are formed with the knowledge that the brain has a great deal of plasticity for changes, irregardless of the child's age.

### ➤ Walking the journey with you

"Hope is faith holding out its hand in the dark".

George Iles



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*Speech and Language  
Therapy*



### Communication

is a highly complex human behaviour which is often taken for granted. A person's ability to form and maintain relationships, succeed at school, get a job and attain career goals depends heavily on their communication skills. A child with poor communication skills will have difficulties adjusting to and living amongst his peers in a competitive environment. Early intervention is highly desirable, since speech & language disorders have implications on the child's self esteem and future learning ability in school.

